



Understanding Adult Safeguarding in Salford



Easy Read



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Staying safe



Everyone deserves to be safe and be treated with kindness.



If you are in danger:



Call 999 for emergency help



Call 101 to report a crime



What is safeguarding?



Safeguarding means helping adults to stay safe.



Safeguarding helps protect you from:



Abuse



Harm



Neglect



Safeguarding is about:



Listening to you



Respecting your choices



Helping you stay safe



Supporting you to live your life



Safeguarding is not about blame or punishment.



Who is safeguarding for?



Safeguarding is for adults aged 18 or over who:



Need care or support

May be at risk of abuse or neglect

May find it hard to protect themselves



Anyone can need safeguarding at different times in their life.



What is abuse?

Abuse is when someone:



Hurts you



Treats you badly



Takes advantage of you



Who might abuse someone?



A family member



A partner



A carer



Someone you know - even someone you think is your friend.

Where can abuse happen?



At home



In the community



Online



Abuse is wrong.

Types of abuse



Physical abuse

Being hit, pushed, kicked, or hurt.



Emotional abuse

Being shouted at, threatened, controlled, or ignored.



Sexual abuse

Being touched or made to do sexual things you do not want.



Financial abuse

Someone taking your money or tricking you.

Neglect

Not getting the care you need, like:

Food or drink

Medicine

Help to stay clean or safe



Online abuse

Being hurt or upset by people online or on your phone.



Why has safeguarding started?



You asked for help



Someone is worried about you



A worker noticed something was wrong



Safeguarding is about helping, not getting people into trouble.



Do I have to agree?



You should be asked what you want.



Sometimes safeguarding must still happen if:



Someone is in serious danger



A crime may have happened

You should always be:



Told what is happening

Listened to

Supported



What happens next?

Adult Social Care will:

Find out what is happening



Talk to you



Decide how to help you stay safe



They may:

Talk to other services



Make a plan with you



Have a safeguarding meeting





Safeguarding meetings



You might hear safeguarding called 'Section 42'—this means the same thing

A safeguarding meeting is to:



Share information



Talk about worries



Agree what support is needed



Make a plan to keep you safe



The meeting is not about blame

You can:



Go to the meeting if you want to



Bring someone to support you



Take breaks



What you think matters

You have the right to:



Be involved



Say what matters to you



Ask questions



Ask for things to be explained again



What you want should help guide decisions.



Advocacy (extra support)

An advocate is someone who:



Helps you understand



Helps you say what you want



Makes sure your voice is heard



Advocacy is free.



You can ask for an advocate at any time.



Safeguarding plans

Sometimes a plan is written.

The plan says:



What is important to you



What support you need



Who will help



What will happen next



You should get a copy of the plan.



Outcomes

After safeguarding, the risk may be:



Gone



Reduced



Still the same



This should be explained to you.



If you don't agree, it is okay to say so.



Feeling worried or upset

Safeguarding can feel confusing.

You can:



Ask questions



Ask for support



Ask for an advocate



Take breaks



Important things to remember



Safeguarding is about support



What you think matters



You deserve respect



Help is available

Contact details



Adult Social Care

0161 206 0604

If you are in immediate danger:



Call 999

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